

SACRAMENTS OF HEALING

Sacrament of Reconciliation

God sent Jesus among us to reveal God's great love for us
and that love includes God's forgiveness and mercy

Jesus--the name means Savior--he saves us

Sacraments of Reconciliation: primary=baptism
ordinary=eucharist
extra-ordinary=reconciliation

Names of sacrament of reconciliation:

confession: of our sins and confession of God's mercy [Augustine's Confessions]
sin is a rupture of our communion with God

penance: what we do to change after we are forgiven, helps us to change our ways

reconciliation: we are reconciled, peace and relationship are restored--God forgives us

Meaning of the sacrament: we are loved sinners --**WE** do sin and have much to be forgiven
GOD never ceases to love us and desire to forgive us and to bring us home

Forms of the sacrament: individual confession (face to face with a priest)

communal service with individual confession

communal service with general absolution

Communal Service with individual confession:

Opening rites: song, greeting, prayer

Readings and homily

Examination of Conscience--this is how we prepare for this sacrament

Confession to a priest

Priest welcomes you

You confess your sins

Priest discusses penance--(hopefully) something that relates to sin confessed

You say an act of sorrow--use one below or your own words

Priest prays prayer of forgiveness--absolution

Closing rites: Lord's Prayer, Exchange of Peace, blessing, song

Prayers of Sorrow

I

Lord God,

I trust in your goodness and mercy.

I am sorry for all the wrong things I have done.

I am sorry for all the good I have not done.

I want to love you with all my heart.

II

My God, I am sorry for my sins with all my heart

In choosing to do wrong, and failing to do good,

I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more,

and to avoid whatever leads me to sin.

III

I confess to Almighty God and to you my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask Blessed Mary ever-Virgin, all the angels and saints, and you my brothers and sisters to pray for me to the Lord our God.

Prayer of Absolution:

God the Father of mercies,
through the death and resurrection of his Son
has reconciled the world to himself
and sent the Holy Spirit among us
for the forgiveness of sins;
through the ministry of the church
may God give you pardon and peace,
and I absolve you from your sins
in the name of the Father, and of the Son, and of the Holy Spirit. AMEN

Sacrament of Anointing of the Sick

Jesus also healed people--both bodily and spiritual healing.
he sent his disciples to anoint the sick with oil (Mark 6:13)

lay people anointed the sick, kept oil on hand to anoint. oil blessed by the bishop and distributed

later, 9century and after, emphasis was on the dying, and then lay people did not anoint.
sacrament was connected to forgiveness of sins--spiritual health, and only the priest could hear confessions,
rather than physical health. became a sacrament in preparation for death

1972--again called the sacrament of the sick, not last rites or extreme unction [last anointing]

Ritual:

Proclamation of the Word of God--freedom from sin and death that Jesus proclaimed and lived

Laying on of hands--touch of Jesus that brought healing and strength to many in his day
gift of the Holy Spirit brings strength, peace, and courage to overcome difficulties that come with being
sick. Sometime even physical healing.

Anointing of forehead and hands

"Through this holy anointing, may the Lord in his love and mercy help you with the grace of the
Holy Spirit (AMEN). May the Lord who frees you from sin save you and raise you up (AMEN).
anointed when there is serious sickness, upcoming surgery, mental illness, aging

Communion/Viaticum=provision for the way, given when someone is near death
priest adds: "May the Lord Jesus Christ protect you and lead you to eternal life."