

Holy Week 2018

Sacred Heart Parish – Bellevue, WA

Palm Sunday of the Lord's Passion, Sunday, March 25

Mass is at 5:00 pm on Saturday, March 24 and at 8:30 am and 11:00 am on Sunday, March 25; we will have the procession with palms before the 11 am Mass; we will begin outside the Moore Theater (procession will begin in the narthex in case of rain); the Chorale will lead the music at the 11 am Mass. We will have blessing of palms and the simple entrance at 5:00 pm and 8:30 am.

Monday of Holy Week, March 26

Rosary is at 8:30 am in the Blessed Sacrament Chapel.
Mass is at 9:00 am.

Tuesday of Holy Week, March 27

Rosary is at 8:30 am in the Blessed Sacrament Chapel.
Liturgy of the Word with Communion is at 9:00 am.

Wednesday of Holy Week, March 28

Confessions are available 8:00-8:45 am in the Reconciliation Chapel; this will be the final scheduled time for confessions before Easter.

Rosary is at 8:30 am in the Blessed Sacrament Chapel.

Mass is at 9:00 am. This will be the final Mass during Lent for this year.

The Paschal Triduum

“The three days of the Paschal Triduum are really one celebration, focusing on three aspects of one and the same mystery: Christ’s passage through Death into eternal life. This is the mystery in which we share through our Baptism. This is the mystery into which we are called not only at the moment of our physical deaths but throughout our lives: allowing ourselves to be handed over by the events and circumstances of life that seem so nonsensical and even unjust; being raised in the midst of it all into a new life by the power of God at work in us. The Triduum begins with the evening Mass of the Lord’s Supper on Holy Thursday.” (2014 *Sourcebook for Sundays, Seasons, and Weekdays*, 139)

Therefore, we try and set aside our regular activities for these days in order to focus our attention on the Paschal Mystery--the saving death and resurrection of Jesus--that we remember, we celebrate, and we believe.

Holy Thursday, March 29

Morning Prayer is at 9:00 am; Sacred Heart School students and staff will participate in Morning Prayer which will include the reception of the Holy Oils, blessed by Archbishop at the Chrism Mass on March 22; our parish Oils are located in the Ambry in the narthex near the baptismal font. Morning Prayer will be an opportunity to gather in prayer to begin the Triduum.

Decorating the Church for Holy Thursday will follow Morning Prayer; everyone is welcome to help.

End of Lent. Lent “officially” ends on Holy Thursday afternoon, as we enter into the Paschal Triduum.

Mass of the Lord’s Supper is at 7:00 pm. During the Mass, 12 parishioners will have their feet washed by Father Steve. Please bring your CRS Rice Bowl offerings as well as your monetary donations for our parish Conference of St. Vincent de Paul Society. After Mass, everyone will be invited to join the procession with the Blessed Sacrament.

Adoration of the Blessed Sacrament will continue in the Blessed Sacrament Chapel after Mass until night prayer; please take some time to pray with Jesus present to us in the Blessed Sacrament.

Night Prayer is at 11:00 pm in the Blessed Sacrament Chapel.

Good Friday, March 30

Fast and Abstinence. Good Friday is a day of fast and abstinence for Catholics.

Paschal Fast. Catholics are encouraged to fast on Good Friday and prolong the fast through Holy Saturday “as a way of coming, with Spirit uplifted, to the joys of the Lord’s resurrection. The fast during the Triduum is not one of penitence, but one of joy, of, in a sense, almost being too excited to eat, because our focus is totally captivated by the mysteries of redemption being made present to us in our midst. The emptiness of the stomach thus becomes a sign of our openness to die and rise with the Lord in these most holy of days.” (2014 *Sourcebook for Sundays, Seasons, and Weekdays*, 142)

Morning Prayer is at 9:00 am. The church will remain open throughout the day and will close after the Celebration of the Lord’s Passion.

Tre Ore is Latin for three hours and is a time of prayer to mark the hours when Christ hung upon the cross. There is brief communal prayer at 12 noon, 1:00 pm, and 2:00 pm with the rest of the hour spent in silence for individual prayer and meditation.

Stations of the Cross are at 3:00 pm which marks the hour of Christ’s death.

Celebration of the Lord’s Passion is at 7:00 pm. This liturgy includes solemn veneration of the Cross and distribution of Holy Communion (this is the only day of the church year that Mass is not celebrated). All will depart in silence; those who wish may stay and pray in the church.

Holy Saturday, March 31

Morning Prayer is at 9:00 am.

Easter Food Blessing follows Morning Prayer. People are invited to bring their Easter morning breakfast foods in a basket for the Easter Food Blessing. This is a Polish and Slavic tradition when people bring an embroidered white linen-lined basket with eggs, butter, rolls, meat, candles and sweets to be blessed and eaten on Easter morning.

Retreat to Prepare for Easter will continue after the Easter Food Blessing until 11:00 AM. This retreat will give the Elect Ujvala Pereira and her sponsor time to pray and prepare for the great Easter Vigil. Everyone is welcome to participate in this retreat.

Decorating the Church for Easter will begin at 11:30 am and end by 3:00 pm. Everyone in the parish is invited to assist in preparing the church environment for Easter. Tasks for all ages and skills will be available.

NO Sacrament of Penance and Reconciliation and NO 5:00 pm Mass on Holy Saturday.

The Easter Vigil begins at 8:30 pm with a gathering around the Easter fire in front of the Moore Theater (in case of inclement weather, the liturgy will begin in the narthex); the Easter fire is kindled by the pages from our Book of Intercessions and blessed palms from last year. As the Easter Vigil liturgy continues, we will recount the story of our salvation, celebrate baptism with our Elect, all the baptized will renew their baptismal promises, and our Elect will complete her initiation as she is confirmed and receives Communion for the first time.

Easter Sunday, April 1

The celebration of the Resurrection of Jesus Christ continues into Easter Sunday morning. Easter **Easter Mass is at 7:00 am, 8:30 am, and 11:00 am.** During each Easter Sunday Mass, all the baptized will renew their baptismal promises. We will have a cantor at the 7:00 am Mass, the Sacred Heart Chorale at the 8:30 am Mass, and the Children’s Choir at the Mass at 11 am.



Please save this schedule for future reference.