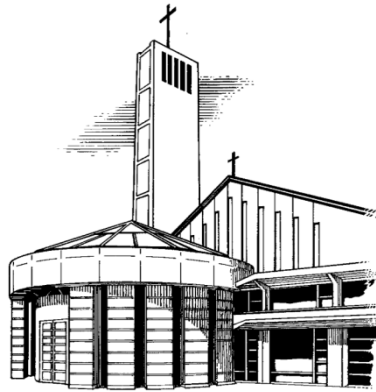




MINISTRY DIRECTORY
2016-2017

Sacred Heart Parish is blessed with numerous and varied ministries that are critical in carrying out our parish Mission: ***Sacred Heart Parish is a welcoming Catholic community which inspires faith in God through prayer, sacraments and service while living Gospel values as faithful followers of Jesus Christ.***

Below is a short snapshot of the various ways you can use your time and talent to serve as a faithful steward in the parish. Please use the contact information listed to learn more about a ministry of interest to you.

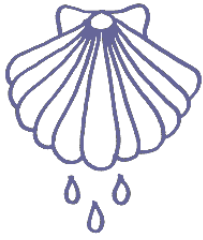


ADMINISTRATION

COACHES FOR CATHOLIC YOUTH ORGANIZATION (CYO) are dedicated to encouraging parish children to develop and share their unique athletic gifts, to play together as teams, and to honor each other's talent through sports. Volunteers receive training through the Archdiocese of Seattle and with local trainers to coach boys and girls (Kindergarten through 8th grade) in soccer, cross country, basketball, and volleyball. For more information contact Matt Reinke at matthew.t.reinke@us.pwc.com

FACILITIES COMMITTEE provides for the general care of our parish and school campus, including the clean-up and beautification of parish grounds. Adults and high school youth who enjoy God's creation and like working outdoors are best suited to this ministry. Group clean-up mornings are scheduled periodically throughout the year. For more information contact Bridget Darrow at b_darrow@msn.com

FAITH FORMATION



BAPTISM TEAM assists with baptism preparation for parents and godparents of infants and young children. The baptism team supports families on the day of the celebration of the Sacrament, and helps to welcome the whole family into the parish throughout the year following. This ministry is especially suited for those eager to work with young parents and share the importance of our sacramental life with them. For more information, contact Carol Guenther at cguenther@sacredheart.org

CHILDREN'S LITURGY OF THE WORD is celebrated during the 8:30am and 11:00 am Sunday Masses. Children in pre-kindergarten through 2nd grade are dismissed to hear the Word proclaimed in an age appropriate manner, returning to their families at the Preparation of the Gifts for the remainder of the Mass. Adults who have a special love for Sacred Scripture and are eager to help children in a deeper appreciation of the Mass are invited to assist in this ministry. Please contact Debs Pokos Dugan for more information: dpokos@sacredheart.org

CHRISTIAN INITIATION OF ADULTS adapted for children assists children ages 7 to 14 who are unbaptized or baptized in other ecclesial communions as they seek to become Catholic. With parental and guardian permission, children receive catechetical instruction adapted to their age and circumstances and, when deemed ready, are baptized, confirmed and/or receive First Eucharist. Team members assist with teaching and hospitality. Please contact Debs Pokos Dugan for more information: dpokos@sacredheart.org



ELEMENTARY FAITH FORMATION is offered on Sunday mornings in between the masses from 9:45-10:45am for children in preschool through 5th grade. This program provides study of the Catholic faith with age-appropriate materials, including Scripture, prayer, art and discussions. Adult and high school parishioners serve as catechists, assistants, and helpers. Training is provided. If you enjoy working with children, this is a very rewarding ministry. Please contact Debs Pokos Dugan for more information: dpokos@sacredheart.org

RITE OF CHRISTIAN INITIATION OF ADULTS TEAM (RCIA) assists unbaptized adults, adults baptized in other ecclesial communions, and baptized Roman Catholics who are completing their initiation into the Catholic Church. Members of the team assist catechumen and candidates as they deepen their relationship with Jesus Christ through Catholic teaching and worship. Team members help as friends, discussion leaders and guides throughout the year. The RCIA meets weekly on Mondays, 7:00-8:30 pm. For more information contact Carol Guenther at cguenther@sacredheart.org

SPONSORS are members of the parish who offer support to parents for infant baptism, children and adults in the RCIA, and teenagers and adults preparing for Confirmation. Sponsors attend formation sessions, retreats and other rituals with the parishioner they are supporting. Adults who enjoy discussing church teaching and are excited to welcome newcomers to Sacred Heart make ideal sponsors. Please contact Carol Guenther at cguenther@sacredheart.org if you are interested in being a sponsor.

SUNDAY CHILD CARE is offered in the nursery every week during the 8:30am and 11 am masses throughout the year. Child care is open to children who are toddlers through age 3. Adult, high school, and junior high parishioners assist the Nursery Coordinator in caring for the children. One of the biggest benefits of this ministry is the joy of seeing young children grow and thrive over the years. For more information contact Lucy Paulsen at lpaulsen@sacredheart.org

VACATION BIBLE CAMP is offered the last week of June each year, 9am – noon for children ages K- 5th grade, Adults and High School youth are needed to support the games, crafts and Camp activities. Contact Debs Pokos Dugan for more information: dpokos@sacredheart.org

MIDDLE SCHOOL CORE TEAM members are adults and high school youth who have been confirmed and are eager to serve as witnesses to Christ for teens of the parish through relational ministry, planning retreats, events, prayer nights, as well as service and social opportunities. Middle School Youth Group meets Sundays from 9:45-10:45am. For more information contact Jeffrey Kress at jkress@sacredheart.org

HIGH SCHOOL CORE TEAM members are enthusiastic adults who offer a supportive presence in the life of parish teens as we grow closer to God together through participation in our High School Youth Group. We meet Sundays after the 5pm Mass, from 6:15-8pm. For more information, contact Jeffrey Kress at jkress@sacredheart.org

WORSHIP

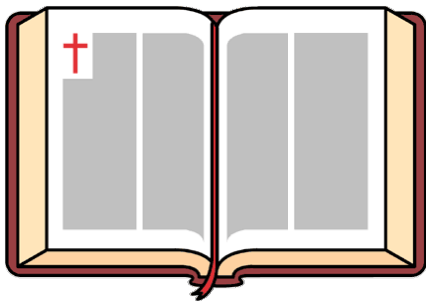
ALTAR SERVERS assist at Mass on weekends, Holy Days of Obligation and other Masses as needed. Altar Servers must be in the fourth grade or older (there is no upper age limit) and receive training. Altar Servers learn deeply about the celebration of Mass and other sacraments, as well as assist the assembly in prayer. Please contact Fr. Steve to join this ministry: ssallis@sacredheart.org

SUNDAY MASS CHORALE helps lead the community in our sung prayer. Members share the love of Christ, prayer-filled liturgy, and the healing that comes from musical expression. Adult choir members represent all levels of musical ability. Rehearsals are on Wednesday nights, 6:30-8:00 pm. Childcare is provided during rehearsal. For more information, contact Theresa Galvez at tgalvez@sacredheart.org

CHILDREN'S CHOIR is open to children of various musical abilities in 1st through 5th grades. Choir members have weekly rehearsals on Wednesdays from 5-6pm. Parent helpers are also needed. For more information please contact Theresa Galvez at tgalvez@sacredheart.org

EXTRAORDINARY MINISTERS OF COMMUNION assist with the distribution of Communion at Mass. Extraordinary Ministers of Communion have a deep appreciation for the Eucharist in the life of the Church, have received the Sacrament of Confirmation and have received training. For more information contact Sean Crowder at sfcrowder@gmail.com

GREETERS offer a friendly, welcoming presence to all who come to Mass. Attentive to the needs of others, providing worship aids, directing individuals to seating in the church, and answering questions, greeters help newcomers and parishioners feel welcome. This ministry is an opportunity to share the loving welcome of Jesus and is open to children as well as adults. For more information contact Carol Guenther at cguenther@sacredheart.org



READERS proclaim the Scriptures during Mass. Readers love Scripture, possess vocal clarity and resonance, and have a willingness to invest in preparation and oral skill development. Readers are scheduled at a given Sunday or Saturday Vigil Mass once every 3-4 weeks. Readers must be confirmed and receive training. For more information contact Fr. Steve Sallis at ssallis@sacredheart.org

SACRISTANS help prepare for Mass by setting up the altar. After Mass responsibilities include cleaning vessels, and putting things away. Sacristans are needed for daily as well as Saturday Vigil and Sunday Masses. Training is offered. For more information contact Lydia Bumgardner at lyduabumgardner@comcast.net

USHERS assist before, during and after Mass by seating congregants, taking up the collection, assisting parishioners during Communion, handing out the church bulletin, providing leadership during emergencies, and participating in cleaning the church following mass. Adults, High-schoolers and families are invited to share in this rewarding ministry. Please contact Alan White for more details: valanwhite@comcast.net

SOCIAL CONCERNS



CONGREGATIONS FOR THE HOMELESS (CFH) works to end homelessness on the Eastside. As the only full-service shelter resource for single, adult men experiencing homelessness, CFH helps men to successfully make the transition from homelessness to permanent housing and stable, independent living. For many years, Sacred Heart Parish has partnered with CFH by coordinating their meal program, providing hot dinners every evening during the entire month of November, including Thanksgiving. For ways in which you can contribute and assist with this vital ministry, please contact Michelle Bartell at mmbartell@comcast.net. More information is also available at www.cfhomeless.org

ST. VINCENT DE PAUL SOCIETY carries out the vision of its patron saint by assisting the poor and needy who live within our parish boundaries. Members 18 years of age or older take turns providing assistance Monday – Friday mornings in the parish office. This group also meets monthly on the third Thursday during the day to coordinate their ministry. Members benefit not only by bringing Christ to others but also in seeing Christ in those they serve. For more information contact Colleen Meehan at colleemeeh@cs.com

PARISH LIFE

BOOK CLUB meets monthly on the last Tuesday at 7 pm in the parish hall to discuss books chosen to broaden thinking. The club reads fiction, non-fiction, an occasional classic or mystery, many of which are literary award-winners. Books selected are generally available in paperback, at the library, and are less than 400 pages. The selection for the month is publicized in the bulletin in advance. No sign-up necessary. Adults are invited to attend any session. For more information contact Betsy Komarnitsky at bjkomar@icloud.com

CARPE DIEM STEERING COMMITTEE assists with planning of the Carpe Diem ministry. Carpe Diem provides opportunities for parishioners 55 and over in spiritual and personal growth, social connection and outreach, and service within the parish and wider community. Members and friends enjoy quarterly catered luncheons, monthly Mass with the anointing of the sick with hospitality hour, and potluck dinners. There are also weekly bridge groups and occasional daytrips. For more information on joining the steering committee and serving this vibrant part of our community, contact Mary Dickins at mdickins@sacredheart.org



KNIGHTS OF COLUMBUS is a service organization and fraternity of Catholic men who play a part in improving the world around them, one community at a time. Knights of Columbus support many activities at Sacred Heart Parish and Sacred Heart Parish School, provide financial assistance for Seminarians studying for the priesthood, and assist our parish in feeding the homeless. Men of all ages are welcome to join. The organization's monthly meeting takes place on the third Thursday of each month at 7pm. For more information contact Sean Cronkite at threecronkites@me.com

PARISH LIFE COMMITTEE is dedicated to creating a sense of community by hosting parish-wide social events to provide opportunities for parishioners to meet and socialize throughout the year. Events include the Oktoberfest, Lenten Fish Fry, newcomer dinners and the parish spring festival: Pentefest. Ongoing responsibilities include hospitality after weekend masses. Membership is open to adults and families. For more information contact Barbara Hagen at cmthagen@gmail.com

WEEKEND HOSPITALITY is hosted by adults and families who encourage fellowship following mass by setting up cheese and crackers after the Saturday 5 pm Vigil Mass and coffee and donuts following the 8:30am and 11:00am Sunday Masses. Many hands and smiling faces are needed to share in this important work. This is a great ministry for newcomers or those who have time to volunteer when they are at church for mass on the weekend. Training is provided. For more information contact Carol Guenther at cguenther@sacredheart.org

PASTORAL CARE

FUNERAL RECEPTION MINISTRY provides loving support for bereaved families of our parish, their friends and guests through hospitality following the Funeral Liturgy. Availability to serve on a weekday and/or Saturday morning is required. For more information, contact Mary Dickins at mdickins@sacredheart.org

GRIEF MINISTRY TEAM commits to providing spiritual support and comfort by journeying through the grieving process with members of the parish community who have lost loved ones. Two eight week sessions of bereavement groups are provided to the parish each year. The Grief Ministry Team meets monthly. For more information contact Mary Dickins at mdickins@sacredheart.org

MINISTRY TO THE SICK TEAM provides spiritual support to those who are sick at home, in the hospital or at a nursing/group home. Ministers are trained to bring Holy Communion to the homebound, to provide Word Services and to pray with those who are ill or dying. For more information contact Mary Dickins at mdickins@sacredheart.org

SACRED HEART SCHOOL

SACRED HEART SCHOOL VOLUNTEERS help with hundreds of short term and long term projects including school fundraisers, school communications, classroom assistance and art projects. This is an opportunity to serve that is especially suited for those who have time during the day and love being with children. For more information, contact Kerry Wyman kwyman@sacredheart.org at the school office at (425) 454-9536.

COUNCILS AND COMMISSIONS

Membership on all Councils and Commissions is discerned through a parish-wide process each Spring. Please contact any pastoral staff member to be considered for one of these leadership positions.

FINANCE COUNCIL supports the mission of Sacred Heart by advising the Pastor, Pastoral Council and School Commission regarding effective stewardship of the Parish's financial and personnel resources. This council also develops and oversees the parish budget, engages in long-range financial planning, and keeps the parish informed of its financial well-being. Members benefit by learning more about the parish organization as well as archdiocesan financial policies that apply to our parish. For more information contact John Meyer at jmeyer@sacredheart.org

PASTORAL COUNCIL works to promote communication in the parish community through dialogue; fosters understanding among parishioners, parish organizations, the archdiocese and the universal church; collaborates with the Pastor on issues related to the Parish and recommends priorities and direction through long range planning and visioning. Pastoral Council members have the opportunity to meet fellow parishioners, deepen their faith, and become familiar with the big picture of the parish. For more information contact Fr. Steve at ssallis@sacredheart.org

SACRED HEART SCHOOL COMMISSION members work together, especially in their area of expertise, by offering their talents in marketing, fundraising, development, finance, and academics. This commission helps implement initiatives identified in the school five-year plan, and advises the principal and pastor on matters of policy. Members have the opportunity to assist in maintaining excellence in our parish and the school. For more information contact David Burroughs at dburroughs@sacredheart.org

SOCIAL CONCERNS COMMISSION was established during this past year. A group gathered for three weeks of discernment and those who felt called to continue, are now in place. Members meet monthly to explore the needs of the local and greater communities and to fulfill the Church's mission of Catholic social teaching. Any parishioner interested in exploring this ministry based in works of charity & advocacy, please contact Mary Dickins at mdickins@sacredheart.org

STEWARDSHIP COMMISSION promotes stewardship of time, talent, and treasure as way of life by providing education and developing methods of fostering gratitude, generosity and service among parishioners. Commission members provide leadership, for the annual parish fall stewardship renewal of time, talent and treasure and the welcoming of new parishioners, while bringing awareness and commitment to stewardship as a way of life. For more information contact Tom Bartell at tbartell21@gmail.com

WORSHIP COMMISSION is charged with setting goals and standards for the overall liturgical life and activities of the parish. This includes assessing diverse worship and spiritual needs of the parish, recommending permanent art and environmental aspects of the worship space, recruiting, training and supporting liturgical ministers, preparing liturgies for the feasts and season of the liturgical year, and reviewing past liturgies to discern that parish needs are met. Being a member of the Worship Commission is an opportunity to learn more about the liturgy, deepen one's appreciation of the richness of our Catholic liturgical life, and to play an active role in supporting the liturgical and spiritual life of the parish. For more information contact Fr. Steve Sallis at ssallis@sacredheart.org