

**HEARTS ON FIRE
SACRED HEART VALUES REFLECTION
JANUARY: INVOLVEMENT**

The person or group who will share this reflection should gather in a quiet place and begin with a moment of silence (and perhaps light a candle or some other way of being mindful of prayer).

All make the sign of the cross together.
In the name of the Father, and of the Son...

One person reads the Scripture passage: John 20:11-18

A reading from the Gospel of John

Mary stayed outside the tomb weeping. And as she wept, she bent over into the tomb and saw two angels in white sitting there, one at the head and one at the feet where the body of Jesus had been. And they said to her, "Woman, why are you weeping?" She said to them, "They have taken my Lord, and I don't know where they laid him." When she had said this, she turned around and saw Jesus there, but did not know it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni," which means Teacher. Jesus said to her, "Stop holding on to me, for I have not yet ascended to the Father. But go to my brothers and tell them, 'I am going to my Father and your Father, to my God and your God.'" Mary of Magdala went and announced to the disciples, "I have seen the Lord," and what he told her.

The Word of the Lord.

All read the Parish Mission Statement together:

**Sacred Heart Parish is a welcoming Catholic community
which inspires faith in God through prayer, sacraments and service
while living Gospel values as faithful followers of Jesus Christ.**

One person reads the definition of Invitation:

Involvement means inspiring active participation in the life of the parish.

Spend a few moments in silence answering the following questions (you can write your answers if you like):

1. What does this value say to you?

2. How do you experience this value at Sacred Heart?

3. How could I invite other parishioners to be more involved at Sacred Heart?

Spend a few moments sharing your answers to the three questions. If the group has more than four members, share your answers with one other person.

Finish this reflection by praying the Hearts on Fire prayer together:

Let us pray.

**Most Sacred Heart of Jesus,
set our hearts on fire for love of you
and help our parish to know how to best serve you.**

Help our parish to

Follow you,

Invite participation,

Renew community, and

Explore our future

by discerning together how we can be your faithful disciples.

You have been our inspiration for many years;

may we continue to trust in you

and place you above all else in our lives.

We make this prayer in your holy name,

for you live and reign in unity

with the Father and the Holy Spirit,

one God, forever and ever. Amen.